

# **Madison Isshinryu Karate Class Schedule** **(effective Monday, January 20, 2025)**

## **Monday**

5 pm: Preteens Karate (AA)  
6 pm: Brown Belt Karate all ages (AA)

## **Tuesday**

10:30: Yoga (CW - Zoom)  
6 pm: Teens / Adults Karate (MW)

## **Wednesday**

5 pm: Preteens Karate (MW)  
6 pm: Teens / Adults Karate (MW)

## **Thursday**

10:30 am: Adults Karate (CW)  
5:00 pm Preteens Karate (AS/AM)  
6 pm: Shimbukan Kobudo Dojo/Zoom (MW)  
7 pm: Teens / Adults Karate Dojo/Zoom (MW)

## **Friday**

10:30 am: Yoga (CW - Zoom)  
4:30 pm: Preteens (AN)  
5:30 pm: Teens Karate (AN)

## **Saturday**

10:00: Adults Karate (CW - Zoom)  
10:30: 11:15 am: Preteens (DTW / AN)  
11:30: noon: Zoom only (DTW / AN)  
Noon: Teens / Adults Karate (DTW / AN - in-person & Zoom)

***NOTE: All classes are live unless otherwise specified***

If you have any questions, please contact Mr. Whiteley  
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