

Madison Isshinryu Karate Fall 2022 Schedule

(effective Monday, October 31, 2022)

Monday

5 pm: Preteens Karate (AA / AM)

6 pm: Brown Belt Karate all ages (AA / AM)

Tuesday

10:30: Yoga (CW - Zoom)

5 pm: Preteens Karate (AWS)

6 pm: Teens / Adults Karate (MW)

Wednesday

5 pm: Preteens Karate (MW)

6 pm: Instructors training (MW) and monthly FIST training)

7 pm: Teens / Adults Karate (MW)

Thursday

10:30 am: Adults Karate (CW)

6 pm: Shimbukan Kobudo (MW)

7 pm: Teens / Adults Karate (MW - in-person & Zoom)

Friday

10:30 am: Yoga (CW - Zoom)

4:30 pm: Preteens (AN)

5:30 pm: Teens Karate (AN)

Saturday

10:00: Adults Karate (CW - Zoom)

10:30: 11:15 am: Preteens (DTW / AN)

11:30: noon: Zoom only (DTW / AN)

Noon: Teens / Adults Karate (DTW / AN - in-person & Zoom)

NOTE: All classes are live unless otherwise specified

If you have any questions, please contact Mr. Whiteley

Dansx6@IsshinryuKarate.net